

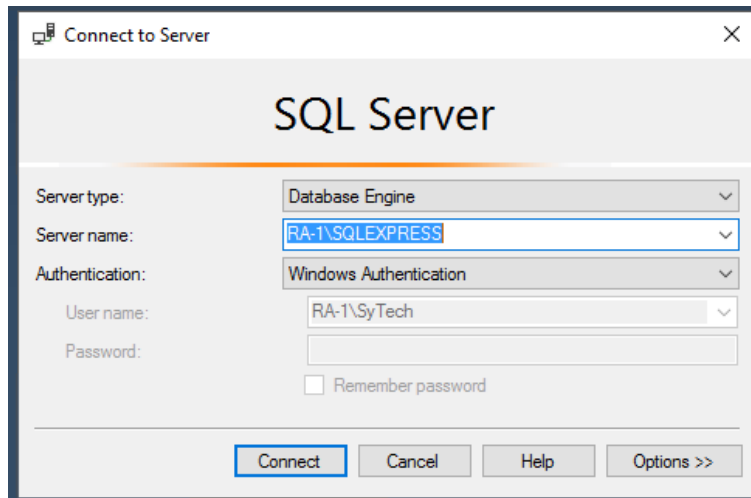
Export Data from Microsoft SQL Server & Express

Overview

How to export data from SQL Server to a backup file (.BAK).

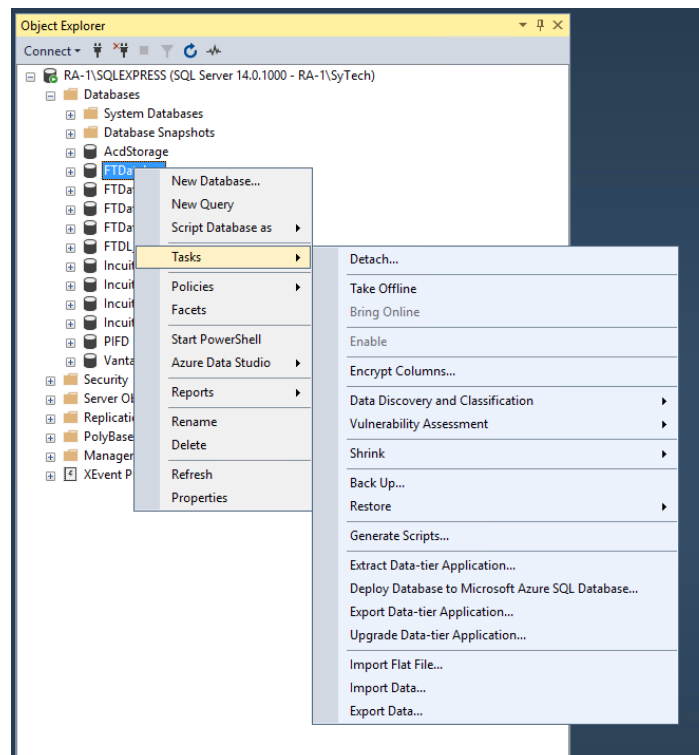
Export Data

Open **Microsoft SQL Server Management Studio** from the **Microsoft SQL Server Tools** program group.



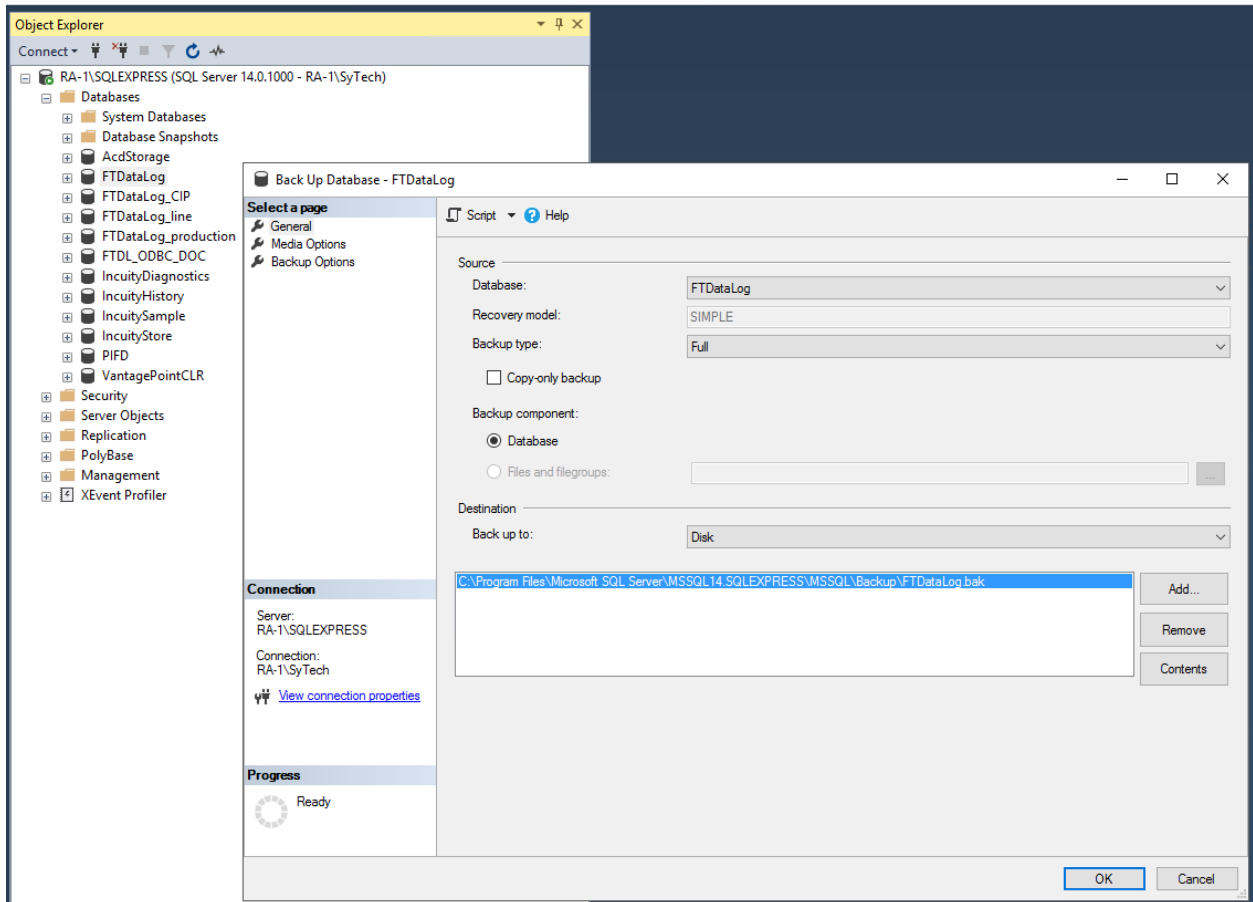
- Select the **Server name**
- Select the correct **Authentication** type
- Click **Connect**

Under the Server name on the left panel expand **Databases**.



- Select the Database name to backup
- *Right click* and select **Tasks, Back up...**

The path shown under the **Destination** is where on the PC the backup is added. Note that this path is on the machine where the SQL Server Instance is running, so if the backup is performed from a remote machine, the file will need to be retrieved from the server.



- Click **Ok** to create a backup.

Use Windows Explorer to navigate to this path to collect the backup file.